



January 2019

School Breakfast w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
31	Holiday!	Whole Grain Cereal Fruit 100% Juice	WG Cinnamon Toast Cereal Bar Fruit 100% Juice	WG Mini Bagel w/ Strawberry Creamy Cheese Fruit 100% Juice
Whole Grain Cereal 100% Juice Fruit	Whole Grain Cheerio Breakfast Bar Fruit 100% Juice	WG Mini Bagel w/Cinnamon Creamy Cheese Fruit 100% Juice	Whole Grain Mini Waffles Fruit 100% Juice	Whole Grain Blueberry Bagel w/Cream Cheese Fruit 100% Juice
7	8	9	10	11
Whole Grain Cereal Fruit 100% Juice	Whole Grain Honey Oat Bagel w/Cream Cheese Fruit 100% Juice	Whole Grain Corn Muffin w/Smart Balance Butter Fruit 100% Juice	Whole Grain Mini Pancakes Fruit 100% Juice	WG Mini Bagel w/Cinnamon Creamy Cheese Fruit 100% Juice
14	15	16	17	18
Whole Grain Cereal Fruit 100% Juice	Whole Grain English Muffin Soy Butter Fruit 100% Juice	Whole Grain Mini French Toast Fruit 100% Juice	Whole Grain Mini Waffles Fruit 100% Juice	Whole Grain Blueberry Bagel Cream Cheese Fruit 100% Juice
21	22	23	24	25
Whole Grain Cereal Fruit 100% Juice	WG Mini Bagel w/ Strawberry Creamy Cheese Fruit 100% Juice	Whole Grain Croissant w/Jelly Fruit 100% Juice	Whole Grain Honey Oat Bagel w/Cream Cheese 100% Juice Fruit	
28	29	30	31	