



# heart & sole

***What if you could lead more of your own life? Grow stronger as a person and a friend? Be part of something bigger? Be totally you!***

*Heart & Sole is a program from Girls in the Run International for girls in 6<sup>th</sup>-8<sup>th</sup> grade.*

**Registration begins August 24th & runs through September 7th  
Season kicks off the week of September 11th!**

**Program Fee \$175 – Scholarships Available**



**Student Information Meeting:  
Tuesday August 30<sup>th</sup> at recess**

**Season begins:  
Week of September 11<sup>th</sup>, 2016**

**Location:  
Conservatory Lab Charter School**

**Meeting days and times:  
Mondays 3:45-5:00 and Wednesdays 11:30-12:45**



To register or for more information:  
[www.girlsontherunboston.org](http://www.girlsontherunboston.org)  
[www.conservatorylab.org](http://www.conservatorylab.org)

Reach out to Ms. Schibuk with questions: [eschibuk@conservatorylab.org](mailto:eschibuk@conservatorylab.org)