

November 2018

School Breakfast w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
			Fruit	Cream Cheese
			100% Juice	Fruit
				100% Juice
29	30	31	1	2
Whole Grain Cereal	WG Mini Bagel w/ Strawberry Creamy Cheese	Whole Grain Croissant	Whole Grain Honey Oat Bagel	Whole Grain Mini Pancakes
Fruit	Fruit	w/Jelly	w/Cream Cheese	Fruit
100% Juice	100% Juice	Fruit	100% Juice	100% Juice
		100% Juice	Fruit	
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5	6	7	8	9
Veteran's Day!	Whole Grain Cereal	Whole Grain Corn Muffin	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
	Fruit	Fruit	Fruit	w/Cream Cheese
	100% Juice	100% Juice	100% Juice	Fruit
				100% Juice
12	13	14	15	16
Whole Grain Cereal	Whole Grain Croissant	Whole Grain Banana Muffin	Holiday!	WG Mini Bagel w/Cinnamon
Whole Grain Cereal	Whole Grain Croissant	Whole Grain banana Pidmin	i ioliday:	Creamy Cheese
Fruit	w/Jelly	Fruit		Fruit
100% Juice	100% Juice	100% Juice		100% Juice
	Fruit			
19	20	21	22	23
Whole Grain Cereal	Whole Grain Mini French Toast	WG Mini Bagel w/ Strawberry Creamy Cheese	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
100% Juice	Fruit	Fruit	Fruit	w/Cream Cheese
Fruit	100% Juice	100% Juice	100% Juice	Fruit
				100% Juice
26	27	28	29	30

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

Menu subject to change
This institution is an equal opportunity provider.

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