

December 2018 School Breakfast w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal	Whole Grain Honey Oat Bagel	Whole Grain Corn Muffin	Whole Grain Mini Pancakes	WG Mini Bagel w/Cinnamon Creamy Cheese
Fruit	w/Cream Cheese	w/Smart Balance Butter	Fruit	Fruit
100% Juice	Fruit	Fruit	100% Juice	100% Juice
	100% Juice	100% Juice		
3	4	5	6	7
Whole Grain Cereal	Whole Grain English Muffin	Whole Grain Mini French Toast	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
Fruit	Soy Butter	Fruit	Fruit	Cream Cheese
100% Juice	Fruit	100% Juice	100% Juice	Fruit
	100% Juice			100% Juice
10	11	12	13	14
Whole Grain Cereal	WG Mini Bagel w/ Strawberry Creamy Cheese	Whole Grain Croissant	Whole Grain Honey Oat Bagel	Whole Grain Mini Pancakes
Fruit	Fruit	w/Jelly	w/Cream Cheese	Fruit
100% Juice	100% Juice	Fruit	100% Juice	100% Juice
		100% Juice	Fruit	
17	18	19	20	21
Whole Grain Cereal	Holiday!	Whole Grain Corn Muffin	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
Fruit		Fruit	Fruit	w/Cream Cheese
100% Juice		100% Juice	100% Juice	Fruit
100% Juice		100% Juice	100% Juice	100% Juice
				100% Juice
24	25	26	27	28
27		20	27	20
Whole Grain Cereal				
Fruit				
100% Juice				
10070 Juice				
31				
	1			

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

Menu subject to change

Phone 617-606-7123 | Fax 617-606-7126

This institution is an equal opportunity provider.

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility. Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed.

In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.