



February K-8 Lunch Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken n'Waffle w/WG Waffle, Sweet Potato Hash, Fruit, Syrup 3	Hot Dog(Beef),Wheat Hot Dog Bun, Baked Beans, Fruit, Ketchup 4	Asian Chicken Stir-Fry Bowl, w/WG Noodles, Broccoli, Fruit, 5	BBQ Texas Burger w/Onion Rings, Whole Wheat Hamburger Bun, Green Beans, Fruit 6	Whole Grain Cheese Pizza, Mixed Veggies, Fruits 7
Whole Grain Chicken Nuggets,Carrots, Fruit, BBQ Dipping Sauce 10	Cheesy Turkey & Chicken Meatball Pasta Bake,w/WG Pasta & Kale, Fruit 11	Three- Layer Dip (Beef, Cheese & Refried Beans), w/Sour Cream, WG Baked Tortilla Chips, Fruit 12	Philly Steak & Cheese Sub, Whole Grain Sub Roll, Tater Tots, Fruit, Ketchup 13	WG Turkey Pepperoni Pizza, California Blend Vegetables, Fruit 14
Holiday Break - No Meal Served 17	Holiday Break - No Meal Served 18	Holiday Break - No Meal Served 19	Holiday Break - No Meal Served 20	Holiday Break - No Meal Served 21
Beef Tacos w/Cheddar Cheese, Whole Grain Soft Tortilla, Black Beans & Corn, Fruit 24	Chicken Teriyaki Drumstick, Brown Rice, Mixed Vegetables, Fruit 25	Jambalaya w/ Turkey Kielbasa, Whole Grain Brown Rice, Spinach, Fruit 26	Crispy Chicken, WG Macaroni & Cheese, Green Beans , Fruit 27	Whole Grain Cheese Pizza, Carrots, Fruits 28